

42 YEARS
of Rotary Service

METRO MEDIUM

Official Weekly Bulletin of
ROTARY CLUB OF METRO DADIANGAS

Club No. 17124 Chartered in Rotary International
on **October 31, 1980** at **General Santos City**

MEETS EVERY **WEDNESDAY** NIGHT AT BIGBEN'S
STEAK HOUSE & GRILL, MICROTEL COMPLEX,
NATIONAL HIGHWAY, GENERAL SANTOS CITY



**IMAGINE
ROTARY**

Metro Dadiangas
Rotary
Club



Metro Dadiangas
Rotaract
Club



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JENNIFER E. JONES



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District Governor
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Area 3G, District 3860
Assistant District Governor
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Rotaract

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PAG MARIO DIDELES
RTN ERWIN CURVA
RTN ALEX CRUZ
TREAS JOHN ARCAMO



R.I President's Message



JENNIFER JONES

Rotary International President
RY 2022-2023

Recently, Nick and I spent time in Guatemala, where we met wonderful fellow Rotary members and families who unofficially adopted me as “Tía Jennifer.” On the third day, after visiting Patzún in the mountainous western highlands, we set out for Lake Atitlán, which we needed to reach by nightfall. If we took a back road we could get there faster. Locals told us it had just been repaved and assured us, “You’ll have no problem.” At first, it was a breeze.

We wound through misty-green coffee and corn fields covering the hillside like a patchwork quilt. But at a river crossing, we found a bridge washed away.

The only way to continue would be to ford the river in our small bus. There were a few tense moments, but we decided to give it a try and, thankfully, we made it across safely. One, we rely on local, on-the-ground expertise to do what we do best. And two, sometimes you have to take uncomfortable chances to reach important goals. Every day, I am honored to learn from our Rotary family. Every lesson is an opportunity to grow, and each story adds a chapter to our collective Imagine Rotary year.





Club President's Mes-



MARK JEROME TIONGSON

President

Rotary Club of Metro Dadiangas

RY 2022-2023

Good evening fellow Metronians, Rotaractors & guests! Today marks our 3rd regular club meeting for the 3rd quarter of RY2022- 2023. Another Rotary Service Day was accomplished and that was our One Rotary, One District Mangrove Growing & Coastal Cleanup last September 17. It was indeed a very successful activity that was hosted by our club. My grateful appreciation to our club secretary, Sec. Ralph for the leadership to this event. On the other hand, another Balik Eskwela Project were done with the partnership of LHE Construction last September 16 at Palian Elementary School. This is one of our banner projects to be presented during our Governor's Visit. Lastly, I would like to thank all the donors for our project SMILE. This will help to sustain the project that is also one of the club's banner projects. Another Rotary Day of Service will happen on October 1 that will be hosted by the Rotary Club of Greater Gensan. Let us show our support and participation to this event since this is also part of the Governor's Challenge to every Rotary Club in our District. That's all for tonight's weekly meeting. Let us enjoy the rest of the night.





PROGRAMME

Opening Ceremony

Call to Order
Reading of Tonight's Prayer
National Anthem
Rotary Hymn
Object of the Rotary/ 4-Way Test
Intro. of Visiting Rotarians & Guests

PRES. BONG TIONGSON
AUD. ED CARILLO
RTN. REY CORTES
RTN. ERWIN CURVA
RTN. ALEX CRUZ
RTN. MICHAEL CUE

Fellowship

Community Singing
Celebrity Greetings

RTN. MOSES SUNICO
PE ALVIN DEMONTAÑO

Club Matters

Treasurer's Time
Secretary's Time
President's Time & Adjournment

TREAS. JOHN ARCAMO
SEC. RALPH SOGUILON
PRES. BONG TIONGSON

PAG MARIO DIDELES

Moderator





Tonight's Prayer

The paths of our lives are filled with peaks and valleys.

When we are on the top of our peaks,
we become so self satisfied that we tend to ignore the
things of importance.

When we are in a valley, we feel a sense of abandon
and again can focus only on what is directly ahead.

Remind us, as You do in nature, that above the tree
line the mountain-tops are barren and only in the val-
leys can we find the opportunity for true growth.

Amen



ROTARY HYMN

Composed by: George Canseco

I want to be a Rotarian for
the world,
Make the Rotary flag as the
flag of peace unfurled;
I shall serve my community,
Help achieve universal unity.
Through Rotary, I shall dedi-
cate my all,
World understanding shall
be my cherished goal.

Refrain:

With the Four Way Test
I'll pursue my quest
And if I, in a way help obtain
Peace in the world
I shall not have lived in vain.

I'll observe service above
self,
Lend a hand to all who
need my help;
I'll get my spouse to involve
in Rotary
And in Rotary ways I will train
my family.

Refrain:

With the Four Way Test
We'll pursue our quest
And if we, in a way help ob-
tain

Peace in the world
We shall not have lived in
vain

Build a bridge for tomorrow's
youth,

Strengthened by nothing
but the truth;

Let's join our hands, there's
no reason we'll divide.

We shall all understand,
while the good Lord is our
guide.

Refrain:

With the Four Way Test
We'll pursue our quest
And if we, in a way help ob-
tain

Peace in the world
We shall not have lived in
vain.

Peace be achieved,
We shall not have lived in
vain.

THE OBJECT OF ROTARY

THE OBJECT OF ROTARY IS TO ENCOURAGE AND FOSTER THE IDEAL OF SERVICE AS A BASIS OF WORTHY ENTERPRISE AND, IN PARTICULAR, TO ENCOURAGE AND FOSTER:

1. THE DEVELOPMENT OF ACQUAINTANCE AS AN OPPORTUNITY FOR SERVICE;
2. HIGH ETHICAL STANDARDS IN BUSINESS AND PROFESSIONS; THE RECOGNITION OF THE WORTHINESS OF ALL USEFUL OCCUPATIONS; AND THE DIGNIFYING OF EACH ROTARIAN'S OCCUPATION AS AN OPPORTUNITY TO SERVE SOCIETY;
3. THE APPLICATION OF THE IDEAL OF SERVICE IN EACH ROTARIAN'S PERSONAL, BUSINESS, AND COMMUNITY LIFE;
4. THE ADVANCEMENT OF INTERNATIONAL UNDERSTANDING, GOODWILL, AND PEACE THROUGH A WORLD FELLOWSHIP OF BUSINESS AND PROFESSIONAL PERSONS UNITED IN THE IDEAL OF SERVICE.

Rotary  **4 Way Test**
of the things we think, say, or do:

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

Will it be **BENEFICIAL** to all concerned?



Celebrity Greetings



PP Jun Demontano
September 26

Happy
Birthday!





Secretary's Report



RALPH WALDY SOGUILON

Secretary
Rotary Club of Metro Dadiangas
RY 2022-2023

Date of Meeting	Total Membership	# of Members Used in Calculating the Attendance	# of Members Present	# of Members Made-Up	%
Sept. 14, 2022	63	63	50	7	90%
AVERAGE ATTENDANCE					90%





Metro Activity

Basic Education & Literacy | September 16, 2022
Project Balik Eskwela at Palian Elementary School





Metro Activity

Supporting Environment | Economic & Community Development
September 17, 2022

One Rotary, One District Mangrove Growing & Coastal Clean-Up





Metro Activity

Supporting Environment | Economic & Community Development
September 17, 2022

One Rotary, One District Mangrove Growing & Coastal Clean-Up





Upcoming Activities

Rotary District 3860

IMAGINE ROTARY

In partnership with

Rotaract Greater General Santos

Rotaract Greater General Santos

Rotaract Greater General Santos

Pink ZUMBY for a Cause

ROTARY DAY OF SERVICE: PINK OCTOBER AWARENESS CAMPAIGN

Registration
 Rotarians: Php. 100.00
 Rotaractors: Php. 50.00
 Non-rotarians: Php. 50.00

Mode of Payment
 • China Banking Corp.
 Rotaract Club of Greater General Santos
 CA# 1881515810
 • GCASH: 0998-5695-440 | ESTER BALOLOT

Venue
 Robinsons Place, General Santos City @ 6:00 - 9:00 AM

Contact Person
 Pres. Ester Marian Balolot | 09985695440

PROCEEDS WILL BE DONATED TO BREAST CANCER PATIENTS

PARTICIPATING CLUBS:

AREA 3F	AREA 3G	AREA 3H
ROTARY CLUB OF GENERAL SANTOS CITY ROTARY CLUB OF MALABON GENSAN ROTARY CLUB OF GUZMAN TUNA PORT ROTARY CLUB OF TOLDOMEX DC 101	ROTARY CLUB OF PROYECTO ESCUELA VERDE ROTARY CLUB OF PATASCO ROTARY CLUB OF TALSAYAN	ROTARY CLUB OF GENERAL SANTOS CITY ROTARY CLUB OF MALABON GENSAN ROTARY CLUB OF GUZMAN TUNA PORT ROTARY CLUB OF TOLDOMEX DC 101

CITY ENRO

SPECTRUM

THE Coca-Cola FOUNDATION

5K RUN AND CLEAN CHALLENGE
 September 24, 2022

RACE SCHEDULE:
 ASSEMBLY AREA @ QUEEN TUNA PARK
GUNSTART: 5:30 A.M

REGISTRATION IS FREE!!!

REGISTRATION SITE:
 CITY ENVIRONMENT AND NATURAL RESOURCES OFFICE AND LOOK FOR ANY CRM TEAM MEMBER

REGISTRATION PERIOD: SEPT.19-23, 2022

LIMITED SLOTS ONLY!!!!!!

FIRST COME FIRST SERVE BASIS!!!!

SHIRTS ARE WAITING FOR THE FIRST 250 FINISHER!!!!

One Rotary, One District Pink October Breast Cancer Awareness

October 1, 2022 at Robinson's Place Gensan. Hosted by the Rotary Club Greater Gensan together with the other Rotary Clubs of Areas 3FGH.

For the Rotary Clubs in GenSan. The LGU of General Santos City is inviting us to join their city wide coastal clean up activity this Saturday (Sept. 24). Past President of RC Gensan Tuna Port confirmed our participation to this activity for all the Rotary Club in General Santos City.





Rotary International Features/News



Rotary statement on recent polio detections in U.S., Europe

The recent detection of the vaccine-derived poliovirus type 2 case in New York, USA, and isolates in several environmental samples collected in London are stark reminders that as long as polio exists anywhere, it is a threat everywhere. It also highlights the importance of vaccination as the only form of protection against polio and other vaccine-preventable diseases and the work that needs to be done in our communities to encourage the uptake of vaccines. Also, as the world gets closer to zero wild poliovirus cases, it is increasingly important to track all forms of the virus wherever they may appear, including in polio-free regions.

The U.S. is still considered low risk for paralytic outbreaks of polio due to the high level of vaccine coverage across the population. If a child has received the entire course of vaccines, the risk of becoming paralyzed by polio is negligible.



ROSTER OF MEMBERS

MEMBERS	SPOUSE	CLASSIFICATION
ACHARON, Loreto "Ton"	Arlene	Corporate Law
AGUINEA, Jeremy "Nonoy"	Dia	Fishing Equip. Man. & Repair
ANZANO, Kenneth	Elaine	Copra's Trading
ARCAMO, John "John"	Lora	Civil Engineer
BALOLOT, Estanislao Jr. "Jun"	Ampy	Mechanical Engineering
BELBIDER, Jerry "Jery"	Monaida"	Civil Engineer
BUHISAN, Michael "Mike"	Malou	Fishing
CARILLO, Edward "Ed"	Mylene	Procurement, Gov't Projects
CORTES, Rey	—	Civil Engineer
CRUZ, Alexander Jay "Alex"	Judith	Sports Analyst
CUE, Michael	Cherrylyn	Shipping
CURVA, Erwin "Win"	June Francis	Project Management
DEMONTAÑO, Sergio Jr. "Jun"	Zuphia	Allergologist
DEMONTAÑO, Alvin Ray "Alvin"	—	Medical Supplies Distributor
DIDELES, Mario "Mario"	Gracia	Orthopedic
DISTOR, Melvin "Vin"	Grace	Water Refilling Dist.
EDILLON, Reynold "Bebot"	Adeline	Piggery
ESPIRITU, Reynaldo "Rene"	Elvira	Const. & Steel Fabrication
FLORES, Siegfred "Butch"	—	Meat Retailing
FONG, Nestor "Nes"	Imee	Non-Life Insurance
FORONDA, Edgar "Ed"	Anne	Shipping
FRANCISCO, Jason Carlo	—	Rice Farmer
FRANCISCO, Rey "Rey"	Sybel	Government Service
GARAY, Rock Eliseo "Garay"	Emma	Tuna Processing
GONZALES, Ramon "Mon"	Mary Ann	Otolaryngology
IBAÑEZ, Eden	—	Elevator/Escalator Supply & Installation
LABRADOR, Leo "Leo"	Josephine	Road Maintenance
LAPIZ, Alberto "Doods"	Jovita	Sand And Gravel Quarry
LIM, Jose Miguel	Mycka	Building & Const. Supplies Distribution
LIM, Louie	Algie	Livestock Farming
LIM, Ramil	Aimee	Aqua Farming

MEMBERS

LORENZO, Francisco "Kiko"
LORENZO JR., Andres "Jun"
LU, Nolasco "Toto"
MADURAMENTE, Mark Oliver
MARIANO, Robert
MASENDO, Oliver "Ver"
MATONDO, Pebbie
OLARTE, Andrew Gwenn
ORDANZA, Diosdado
PAÑARES, Rolando "Lando"
PAÑARES, Ryan
Pascua, Charles Gregor
PIDO, Noel
QUIAPO, Franklin "Boy"
RAFOLS, Allan "Bing"
RIVERA, Ronnel "Nel"
RODRIGUEZ, Florante "Jong"
SALES, Teodoro
SANTOS, Joel "Joel"
SIA, Samuel "Sammy"
SOGUILON, Ralph Waldy
SUNICO, Moses
TAN, Vincent
TAN, Winston
TIONGSON, Francis
TIONGSON, Mark Jerome Jr.
TIONGSON, Mark Jerome
TIU, Enrique Voltaire "Voltz"
TO-ONG, Joey
TRAZO, Simon "Sim"
TUPAS, Ben III "Ben"
VALENCIA, Raul Antonio "Bong"

SPOUSE

Lorna
Carmen
Noemi
Pauline
Abigail
Arelia
Jen
Elke
Nilda
—
Melody
Helen
Gemma
Daisy
Jane
Theresa
Terry
Patricia
Mila
Ethel
—
Kath
Marjerie
Ceypris
—
Elena
—
Alice
—
Teresita
—

CLASSIFICATION

General Surgery
Senior Active
Veterinary Supplies Dist.
Corporate Accounting
Anesthesiologists
Pineapple Farming
Gasoline Station Construction
Trucking
Contractor
Contractor
Registered Nurse
Poultry/Livestock
Fish Trading
Machine Shop Operation
Deep Sea Fishing
Event Wear Rental
Lawyer
Fish Processing and Export
Construction/Fabrication
ICT Systems Integration
Fire and Marine Safety Supplier
Plastic Ware Merchandising
General Merchandising
Seafood Resto Grill Manager
Beach Resort Management
Hardware and Fuel Distribution
Government Employee
Industrial Products
Logistics
Restaurant & Trucking Services
Machinery Dealerships

ROSTER OF PRESIDENTS AND SECRETARIES

1979-1980	FLOR MILLADO (INTERIM PRES.)	ZENNELITO ZUZON
1980-1981	ROMY BUALAT	RICARDO PAGUIO
1981-1982	RICARDO PAGUIO	REGALO JACOT
1982-1983	REGALO JACOT	ANDRESS LORENZO JR
1983-1984	LEOPOLDO DURICO	AMADOR BALICUD
1984-1985	ANDRESS LORENZO JR	LEOPOLDO DUMUK
1985-1986	LEOPOLDO DUMUK	PEDRO PACATANG
1986-1987	MARIO BASILIO	PEDRO PACATANG
1987-1988	JOE CADAYAN	CARLOS MATELA
1988-1989	PEDRO PACATANG	ANTONIO VICENTE
1989-1990	JAN LADJIMAN	ANTONIO VICENTE
1990-1991	CARLOS MATELA	ALEX ATILANO
1991-1992	CHITO DUSAL	SIEGFRED FLORES
1992-1993	ANGEL FERNANDEZ	LORETO ACHARON
1993-1994	MARIO DIDELES	RAMON LICOP
1994-1995	FRANCISCO LORENZO	FELIX ASOY
1995-1996	EMMANUEL FEROLINO	DIONISIO CALLO
1996-1997	DIONISIO CALLO	OSCAR SABADO
1997-1998	LORETO ACHARON	WALDEMAR SOGUILON
1998-1999	OSCAR SABADO	RAUL MONTES
1999-2000	RODOLFO DEMONTAÑO	RODOLFO TIAGA
2000-2001	MANUEL MONDERO	EFREN SABADO
2001-2002	SYLVAN SILVA	EFREN SABADO
July-Dec.2002	ROBERT TANTAMCO	ARC ALANO
Jan-Jun2003	TEOFILO JO	ARC ALANO
2003-2004	RODOLFO TIAGA	BOBOT MAPALO
2004-2005	ROSLINDO SIAO	FELIPE MAYOL JR
2005-2006	EFREN SABADO	NESTOR NOLASCO
2006-2007	ESTANISLAO BALOLOT JR	FELIPE MAYOL JR
2007-Mar.2008	ARMANDO MAPALO	JESUS PANES
Mar-Jun2008	FELIPE MAYOL JR	JESUS PANES
2008-2009	ROLLY DULDOCO	FELIPE MAYOL JR
2009-2010	ANECITO DOREGO JR	BEN TUPAS III
2010-2011	BEN TUPAS III	SERGIO DEMONTAÑO
2011-2012	RONNEL RIVERA	JOEL DUTERTE
2012-2013	SIEGFRED FLORES	SERGIO DEMONTAÑO
2013-2014	RAMON GONZALES	JEREMY AGUINEA
2014-2015	JEREMY AGUINEA	REYNALDO ESPIRITU
2015-2016	REYNALDO ESPIRITU	NOLASCO LU
2016-2017	REYNOLD EDILLON	FELIPE MAYOL JR
2017-2018	MELVIN DISTOR	ANDRES LORENZO JR
2018-2019	SERGIO DEMONTAÑO JR	REY FRANCISCO
2019-2020	REY FRANCISCO	EDWARD CARILLO
2020-2021	JERRY BELBIDER	JOHN ARCAMO
2021-2022	OLIVER MASENDO	SAMUEL SIA
2022-2023	MARK JEROME TIONGSON	RALPH WALDY SOGUILON

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The Official Weekly Bulletin of
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PAG Mon Gonzales

WHERE TO MAKE UP

in General Santos City

RC GREATER GENSAN

RC DADIANGAS

1st & 3rd Monday

The Rock Garden, General Santos City

RC GENSAN TUNA PORT

FRIDAY | 6:00PM

Zanrock hotel, Lagao, GSC

RC MIDTOWN GENSAN

THURSDAY

RC GENERAL SANTOS CITY

TUESDAY | 7:00PM

Hotel San Marco, JP Laurel Avenue, Dad. East



MAKE -UP CARD



Date: _____

Name of Rotarian: _____

Rotary Club of: _____

SEC. RALPH WALDY SOGUILON

REGENTHNS HEARING CENTER

Room 315 3rd Floor, General Santos Doctors' Hospital, Medical Suites
National Highway, General Santos City

**PP RAMON "Mon" E. GONZALES, MD.,
FPOHNS, FPCS**

Ear, Nose and Throat—Head and Neck Surgeon

LADY MARY ANN Y. GONZALES

Greetings
From

MARIO Y. DIDELES, M.D

Orthopedic Surgeon

and

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